

# RESOURCES



The Consumer Connection with the Cannabis Regulatory Agency provides information to help safeguard the public against unintended use of marijuana and products containing THC. Visit [michigan.gov/cra/consumer-connection](https://michigan.gov/cra/consumer-connection) or scan the QR code for more education resources.



The Substance Abuse and Mental Health Services Administration provides information and resources to help the public understand the risks related to substance abuse. Visit [SAMHSA.gov/marijuana](https://SAMHSA.gov/marijuana) or scan the QR code below for more resources from SAMHSA.



## MICHIGAN POISON & DRUG INFORMATION CENTER WAYNE STATE UNIVERSITY

The Michigan Poison & Drug Information Center's (MiPDC) mission is to help prevent poisonings through education and provide expertise to reduce the severity of poison exposures.

Education resources and updates from the MiPDC can be found on our website at [www.mipoisonhelp.org](http://www.mipoisonhelp.org), or by scanning the QR code below. Follow the MiPDC on social platforms for up-to-date posts.



Poison Help Hotline  
Available 24/7/365  
Free, Confidential, & Expert Advice



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## Cannabis & THC Information & Resources



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- In 2018, Michigan passed Proposal 1 permitting legal recreational cannabis use for adults age 21 and over.
- Cannabis remains a Schedule I controlled substance by the U.S. Drug Enforcement Administration and is illegal federally.
- THC, or delta-9-tetrahydrocannabinol, is the primary psychoactive ingredient in cannabis.
- Cannabis use during adolescence may negatively affect the developing brain by impairing thinking and problem-solving.\*
- Cannabis use during adolescence may impact the potential for addiction.\*

\*Michigan Cannabis Regulatory Agency notification

## YOUTH & CANNABIS / THC

Cannabis-containing products are sold in a variety of formulations. **All forms of these products should be kept out of sight and reach of children.**

Common symptoms after THC exposure can include:

- **Lethargy**
- **Confusion/agitation**
- **Unsteady gait**
- **Nausea/vomiting**
- **Muscle weakness**

More severe symptoms can also occur, including:

- **Low heart and blood pressure**
- **Tremors**
- **Hallucinations**
- **Central nervous system depression**
- **Coma**

**If you or anyone you know is experiencing, difficulty breathing, or any form of physical or mental distress, call 911 or seek local medical care immediately.**



Our public education material and content are made possible with generous support from the Children's Foundation.

## PREVENTION

- Adults using recreational or medical cannabis should **avoid** unintended use by others.
- Keep cannabis and products containing THC **out of sight and reach of children and others.**
- **Use a lockbox and/or locking cabinet** to store adult-use-only recreational substances.



- Store remaining adult-use-only products **immediately** after use.
- **Do not** leave adult-use products unattended when out of storage.
- **Avoid** use when and where children may be present.
- Keep the **Poison Help Hotline** number in an accessible area at your home and save it to your phone contacts list.

**1-800-222-1222**



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